Cody Deaner
PROFESSIONAL SPEAKER

Kindness is Cool

1. In your opinion, is kindness cool ? Why, or why not ?

2. Describe a time when someone went out of their way to be kind to you. How did it make you feel ?

3. What are *three* ways you can go out of your way today to do something kind for someone ?

4. Name someone you know who is exceptionally kind. Consider reaching out to them in some way to thank them for their kindness.